



Forest Lakes Fire Department

In-House Training Schedule

January 2012 - December 2012

NOTE: If you are unable to attend a scheduled Monday Night In-House training session it will be your responsibility to make an appointment with the On-Duty Crew to make up the CE hours missed.

<u>January 2, 2012</u>	No Training	
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<u>January 9 , 2012</u>	2.5hr <u>Report Writing</u>	
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- EMS Incident Report
- Incident Billing Form
- NFIRS

<u>January 16, 2012</u>	2.5hr <u>EMS- Airway Equipment Review Martin</u>	(Luther King Day)
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- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

<u>January 23, 2012</u>	2.5hr <u>EMS Baseline Vitals (S.A.M.P.L.E)</u>	
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- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps
- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

<u>January 30, 2012</u>	2.5hr <u>EMS Splinting/Pt Assessment</u>	
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- Identification and assisted application
 - Flexible
 - Rigid
 - Air Splints
 - Sling
 - Hare Traction

<u>February 6, 2012</u>	2.5hr	<u>EMS-C-Spine Immobilizing/Pt Assessment</u>	
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- Gurney Operation
 - Utilize with C-Spine ops
- C-Spine Longboard
 - Pt Package & Assessment practice
 - Lifting/Moving pt

<u>February 13, 2012</u>	2.5hr	<u>Blood born/Hazardous Communications 29CFR1910.1200</u>	
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Outlined TBA

- Haz-Communications
 - Haz-Com Standard
 - Rights & Responsibilities
 - Occupational Exposures
 - PPE and Eye protection
 - Safety & Health

<u>February 20, 2012</u>	2.5hr	<u>EMS – Driver Training (Rescue 1211)</u>	
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(Presidents Day)

- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment/operation
 - Interior equipment/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

<u>February 27, 2012</u>	2.5hr	<u>EMS- Zoll/AED/Manual Vitals</u>	
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- Zoll Operation
 - Basic operational features
 - Basic Vitals
 - Leads application/configuration
- AED operation
 - Basic Operational Features
- Vital signs practice (Complete set)
 - Manual B/P-and by Palpation

<u>March 5, 2012</u>	2.5hr	<u>Report Writing</u>	
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- EMS Incident Report
- Incident Billing Form
- NFIRS

March 12 , 2012 **2.5hr** **Helicopter Ops. (Air-Ambulance)**

- Helicopter Operations
 - Security
 - Night Operations
 - Communications
 - Response/Approach
 - Landing/Takeoff and departure
 - General Safety Rules

- LZ Selection
 - Surface Selection
 - Location
 - Perimeter

March 19, 2012 **2.5hr** **EMS- Airway Equipment Review**

- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion

- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops

- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

March 26, 2012 **2.5hr** **EMS Baseline Vitals (S.A.M.P.L.E)**

- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps

- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

April 2, 2012 **2.5hr** **Injury Management, Basic First aid**

- Basic First-Aid
 - Bleeding control
 - Bandaging
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April 9, 2012 **2.5hr** **EMS Splinting/Pt Assessment**

- Identification and assisted application
 - Flexible
 - Rigid
 - Air Splints
 - Sling
 - Hare Traction

April 16, 2012 **2.5hr** **EMS-C-Spine Immobilizing/Pt Assessment**

- Gurney Operation
 - Utilize with C-Spine ops
- C-Spine Longboard
 - Pt Package & Assessment practice
 - Lifting/Moving pt

April 23, 2012 **2.5hr** **EMS – Driver Training (Rescue 1211)**

- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment/operation
 - Interior equipment/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

April 30, 2012 **2.5hr** **EMS- Environmental Emergencies (Heat Related)(Bites-Stings)**

- Heat exhaustion
 - Signs & Symptoms
 - Initial Assessment
 - Detailed exam
 - Ongoing assessment
- Stroke
 - Signs & Symptoms
 - Initial Assessment
 - Detailed exam
 - Ongoing assessment

May 07, 2012

2.5hr EMS- Zoll/AED/Manual Vitals

- Zoll Operation
 - Basic operational features
 - Basic Vitals
 - Leads application/configuration
- AED operation
 - Basic Operational Features
- Vital signs practice (Complete set)
 - Manual B/P-and by Palpation

May 14, 2012

2.5hr Report Writing

- EMS Incident Report
- Incident Billing Form
- NFIRS

May 21, 2012

2.5hr EMS- Airway Equipment Review

- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

May 28, 2012

2.5hr Haz-Mat First Responder Refresher

(Memorial Day)

- Recognition-Identification
 - Placards, Labels, Markings
 - Container Shape and Sizes
- Health & Safety-(PPE)
 - Exposure, Contamination
 - Medical Surveillance
- ERG
 - ERG Manual Refresher
 - Chemical ID
 - Response Exercise
 - Isolate, Evacuate, Deny Entry

Date		Topic	General Info
<u>June 04, 2012</u>	2.5hr	<u>EMS Baseline Vitals (S.A.M.P.L.E)</u>	
		<ul style="list-style-type: none"> ➤ Manual Assessment <ul style="list-style-type: none"> ○ Pulse rate ○ Respiratory rate ○ Lung sounds ○ Skin Temp/Color ○ Pupils ○ SaO2 ○ Caps ➤ IV Set Up <ul style="list-style-type: none"> ○ Basic Tubing ○ Blood Tubing ○ Start Kit 	
<u>June 11, 2012</u>	2.5hr	<u>EMS Splinting/Pt Assessment</u>	
		<ul style="list-style-type: none"> ➤ Identification and assisted application <ul style="list-style-type: none"> ○ Flexible ○ Rigid ○ Air Splints ○ Sling ○ Hare Traction 	
<u>June 18, 2012</u>	2.5hr	<u>EMS-C-Spine Immobilizing/Pt Assessment</u>	
		<ul style="list-style-type: none"> ➤ Gurney Operation <ul style="list-style-type: none"> ○ Utilize with C-Spine ops ➤ C-Spine Longboard <ul style="list-style-type: none"> ○ Pt Package & Assessment practice ○ Lifting/Moving pt 	
<u>June 25, 2012</u>	2.5hr	<u>EMS- Driver Training (Rescue 1211)</u>	
		<ul style="list-style-type: none"> ➤ Ambulance Operations <ul style="list-style-type: none"> ○ Code-2, Vitals during Transport ○ Exterior equipment location/operation ○ Interior equipment location/operation ○ Driver Training (certified drivers) ○ B/P training for non certified drivers 	

Date	2.5hr	Topic	General Info
<u>July 9, 2012</u>		<u>Helicopter Ops. (Air-Ambulance)</u>	
		<ul style="list-style-type: none"> ➤ Helicopter Operations <ul style="list-style-type: none"> ○ Security ○ Night Operations ○ Communications ○ Response/Approach ○ Landing/Takeoff and departure ○ General Safety Rules ➤ LZ Selection <ul style="list-style-type: none"> ○ Surface Selection ○ Location ○ Perimeter 	
<u>July 16, 2012</u>	2.5hr	<u>EMS- Environmental Emergencies (Heat Related)(Bites-Stings)</u>	
		<ul style="list-style-type: none"> ➤ Heat exhaustion <ul style="list-style-type: none"> ○ Signs & Symptoms ○ Initial Assessment ○ Detailed exam ○ Ongoing assessment ➤ Heat Stroke <ul style="list-style-type: none"> ○ Signs & Symptoms ○ Initial Assessment ○ Detailed exam ○ Ongoing assessment 	
<u>July 23, 2012</u>	2.5hr	<u>EMS- Zoll/AED/Manual Vitals</u>	
		<ul style="list-style-type: none"> ➤ Zoll Operation <ul style="list-style-type: none"> ○ Basic operational features ○ Basic Vitals ○ Leads application/configuration ➤ AED operation <ul style="list-style-type: none"> ○ Basic Operational Features ➤ Vital signs practice (Complete set) <ul style="list-style-type: none"> ○ Manual B/P-and by Palpation 	
<u>July 30, 2012</u>	2.5hr	<u>Report Writing</u>	
		<ul style="list-style-type: none"> ➤ EMS Incident Report ➤ Incident Billing Form ➤ NFIRS 	

Date	2.5hr	2.5hr	Topic	General Info
<u>August 6, 2012</u>	2.5hr	2.5hr	<u>Haz-Mat First Responder Refresher</u>	
			<ul style="list-style-type: none"> ➤ Recognition-Identification <ul style="list-style-type: none"> ○ Placards, Labels, Markings ○ Container Shape and Sizes ➤ Health & Safety-(PPE) <ul style="list-style-type: none"> ○ Exposure, Contamination ○ Medical Surveillance ➤ ERG <ul style="list-style-type: none"> ○ ERG Manual Refresher ○ Chemical ID ○ Response Exercise ○ Isolate, Evacuate, Deny Entry 	
<u>August 13, 2012</u>	2.5hr		<u>EMS- Airway Equipment Review</u>	
			<ul style="list-style-type: none"> ➤ Portable O2 cylinder set up/operation: <ul style="list-style-type: none"> ○ Nasal Cannula, Mask- Peds Adult, Non-Re-breather ○ BVM Device operation with O2 cylinder ○ Oral Airway-Sizing and insertion ○ Nasal Airway - Sizing and insertion ➤ Main O2 and O2 operations in Rescue 1211. <ul style="list-style-type: none"> ○ Equipment location and set up ops ➤ Suction unit set up/operation Battery and Manual units <ul style="list-style-type: none"> ○ Catheter Rigid/Flexible 	
<u>August 20, 2012</u>	2.5hr		<u>EMS Baseline Vitals (S.A.M.P.L.E)</u>	
			<ul style="list-style-type: none"> ➤ Manual Assessment <ul style="list-style-type: none"> ○ Pulse rate ○ Respiratory rate ○ Lung sounds ○ Skin Temp/Color ○ Pupils ○ SaO2 ○ Caps ➤ IV Set Up <ul style="list-style-type: none"> ○ Basic Tubing ○ Blood Tubing ○ Start Kit 	

Date		Topic	General Info
<u>August 27, 2012</u>	2.5	<u>Injury Management, Basic First aid</u> <ul style="list-style-type: none"> ➤ Basic First-Aid <ul style="list-style-type: none"> ○ Bleeding control ○ Bandaging 	
<u>September 3, 2012</u>	2.5hr	<u>EMS Splinting/Pt Assessment</u> <ul style="list-style-type: none"> ➤ Identification and assisted application <ul style="list-style-type: none"> ○ Flexible ○ Rigid ○ Air Splints ○ Sling ○ Hare Traction 	(Labor Day)
<u>September 10, 2012</u>	2.5hr	<u>EMS-C-Spine Immobilizing/Pt Assessment</u> <ul style="list-style-type: none"> ➤ Gurney Operation <ul style="list-style-type: none"> ○ Utilize with C-Spine ops ➤ C-Spine Longboard <ul style="list-style-type: none"> ○ Pt Package & Assessment practice ○ Lifting/Moving pt 	
<u>September 17, 2012</u>	2.5hr	<u>Report Writing</u> <ul style="list-style-type: none"> ➤ EMS Incident Report ➤ Incident Billing Form ➤ NFIRS 	
<u>September 24, 2012</u>	2.5	<u>Blood born</u> Outlined TBA	
<u>October 01, 2012</u>	2.5hr	<u>EMS- Zoll/AED/Manual Vitals</u> <ul style="list-style-type: none"> ➤ Zoll Operation <ul style="list-style-type: none"> ○ Basic operational features ○ Basic Vitals ○ Leads application/configuration ➤ AED operation <ul style="list-style-type: none"> ○ Basic Operational Features ➤ Vital signs practice (Complete set) <ul style="list-style-type: none"> ○ Manual B/P-and by Palpation 	

<u>October 08, 2012</u>	2.5hr <u>EMS- Driver Training (Rescue 1211)</u>	(Columbus)
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- Ambulance Operations
 - Code-2, Vitals during Transport
 - Exterior equipment location/operation
 - Interior equipment location/operation
 - Driver Training (certified drivers)
 - B/P training for non certified drivers

<u>October 15, 2012</u>	2.5hr <u>EMS- Airway Equipment Review</u>	
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- Portable O2 cylinder set up/operation:
 - Nasal Cannula, Mask- Peds Adult, Non-Re-breather
 - BVM Device operation with O2 cylinder
 - Oral Airway-Sizing and insertion
 - Nasal Airway - Sizing and insertion
- Main O2 and O2 operations in Rescue 1211.
 - Equipment location and set up ops
- Suction unit set up/operation Battery and Manual units
 - Catheter Rigid/Flexible

<u>October 22, 2012</u>	2.5hr <u>EMS Baseline Vitals (S.A.M.P.L.E)</u>	
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- Manual Assessment
 - Pulse rate
 - Respiratory rate
 - Lung sounds
 - Skin Temp/Color
 - Pupils
 - SaO2
 - Caps
- IV Set Up
 - Basic Tubing
 - Blood Tubing
 - Start Kit

<u>October 29, 2012</u>	2.5hr <u>EMS- Environmental Emergencies-(Cold Injuries)</u>	
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- Hypothermia
 - Signs & Symptoms
 - Initial Assessment
 - Detailed exam
 - Ongoing assessment
- Local Cold Injuries
 - Frostnip/Frostbite
 - Initial Assessment
 - Treatment

<u>November 05, 2012</u>	2.5hr <u>EMS Splinting/Pt Assessment</u>	
	<ul style="list-style-type: none"> ➤ Identification and assisted application <ul style="list-style-type: none"> ○ Flexible ○ Rigid ○ Air Splints ○ Sling ○ Hare Traction 	

<u>November 12, 2012</u>	2.5hr <u>EMS-C-Spine Immobilizing/Pt Assessment</u>	
	<ul style="list-style-type: none"> ➤ Gurney Operation <ul style="list-style-type: none"> ○ Utilize with C-Spine ops ➤ C-Spine Longboard <ul style="list-style-type: none"> ○ Pt Package & Assessment practice ○ Lifting/Moving pt 	

<u>November 19, 2012</u>	HAPPY HOLIDAYS !!!!!!!!!- NO TRAINING	
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<u>November 26, 2012</u>	HAPPY HOLIDAYS !!!!!!!!!- NO TRAINING	
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<u>December 03, 2012</u>	2.5hr <u>EMS- Zoll/AED/Manual Vitals</u>	
	<ul style="list-style-type: none"> ➤ Zoll Operation <ul style="list-style-type: none"> ○ Basic operational features ○ Basic Vitals ○ Leads application/configuration ➤ AED operation <ul style="list-style-type: none"> ○ Basic Operational Features 	

<u>December 10, 2012</u>	2.5hr <u>EMS- Driver Training (Rescue 1211)</u>	
	<ul style="list-style-type: none"> ➤ Ambulance Operations <ul style="list-style-type: none"> ○ Code-2, Vitals during Transport ○ Exterior equipment location/operation ○ Interior equipment location/operation ○ Driver Training (certified drivers) ○ B/P training for non certified drivers 	

<u>December 17, 2012</u>	TBD	
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<u>December 24, 2012</u>	HAPPY HOLIDAYS !!!!!!!!!- NO TRAINING	
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<u>December 31, 2012</u>	HAPPY HOLIDAYS !!!!!!!!!- NO TRAINING	
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